

LOOK INSIDE THE BOOK

Pray or Faint

A Daily Devotional for Spiritual Strength, Endurance & Alignment

By Dr. Joke Solanke

Preface — Page ii

Prayer is more than asking for things. It is the primary medium of communication for the human spirit—a sacred platform where alignment with heaven is formed, sustained, and restored. Through prayer, the spirit communes with God, receives instruction, and is recalibrated to divine order.

In Scripture, prayer works most powerfully when it is aligned with God’s will: “If we ask anything according to His will, He hears us” (1 John 5:14). Alignment gives prayer authority. When prayer aligns with God’s design, answers are not forced; they become inevitable.

Pray or Faint is built on this understanding. This devotional does not approach prayer as a reaction to problems, but as a pathway of formation. It takes the reader back to the genesis of God’s will for humanity—how God designed life to function, how alignment was established, how order was disrupted, and how redemption restores clarity, authority, and purpose.

Each day anchors prayer in Scripture, reflection, and wisdom so that prayer is never detached from truth. As understanding deepens, prayer gains spiritual legitimacy. Requests are no longer random; they are rooted in revelation. Prayer becomes less about persuasion and more about partnership.

This devotional is designed to be used year after year. The truths contained here are generational—drawn from timeless biblical foundations, illuminated by the Spirit, and presented through divine perspective. As seasons change, these truths remain relevant, offering clarity for leadership, relationships, purpose, and spiritual growth.

**This is not a devotional to rush through.
It is a formation journey to be lived into.**

www.purposeandpathwaypublications.com